

# Testimonial.



Cambiotics' use of targeted gut bacterial solutions makes sense given what we know about gut binding, fibres, and detoxification.

**It's refreshing to see a company working at the intersection of microbiome science and environmental health.** Just like the Wildbiome project, which was the initial Kickstarter for me to research PFA's and health. It just all comes together in a healthy gut biome!

## Roos Konings

Foraging Educator and regenerative farmer  
in Noord-Brabant



# The Decision.

I spend a lot of time outdoors, foraging and farming in the Netherlands, in soil and water, which may increase my exposure to environmental pollutants like PFAS through local food and water.

Moreover, according to the RIVM (Dutch Research Centre), **I am in a risk group, because I am a young woman who in the future wants to have children.**

Because of the testing I have done, I already know that my PFOA + PFOS levels are higher than advised by the Dutch government.



# The Reaction.

My levels were higher than expected and the PFOA levels even doubled in a month (5,8 – 11,2).

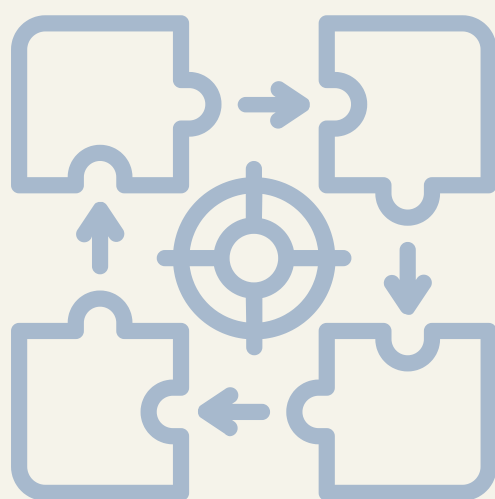
**It was honestly alarming, and it made me realize how important it is to do something about it.**



# The Action.

I was already very conscious of my water sources (I have a water-filter for years), cookware, cosmetics, shoes, rain clothes and food packaging and I have been avoiding products with PFA's for 5 years now.

I began seeking out natural binders and dietary strategies to support detoxification—eventually **leading me to Cambiotics, which to me sounded like the only academic detoxifying solution.**



# The Advice.

Because you can't address what you don't know. PFAS exposure is invisible, and many of us may be affected without realizing it. Testing empowers people to take informed action.

**Don't let fear stop you. Knowledge is power, and testing is the first step toward doing something about it. It's not about panic—it's about empowerment.**



# Ready to Test?

Get your Quest Diagnostics PFAS Blood test panel with Cambiotics.

TEST



## Got Questions?



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